



Silence In Sound
The Owain Glyndwr Centre
Heol Maengwyn
Machynlleth
Wales
SY20 8EE
transform@silenceinsound.co.uk - Phone: 07742-865011

Hello

Welcome to the Singing Bowl Centre, Machynlleth. We are Jacquie & Craig Shankster and are looking forward to welcoming you to our sound studio.

Location:

We are located in Machynlleth, on the first floor of The Owain Glyndwr Centre, Heol Maengwyn, SY208EE, there is limited parking outside, so if you need parking the best parking option is in the Co-Op car park, located 2 minutes walk and there is no parking fee. (Please see attached map)

Arrival:

Please arrive 9am for a cuppa before a 9:30 start. When you arrive at the Owain Glyndwr Centre, please go through the main gates at the side of the building and then through the entrance door on your right, up the stairs and you will see us there. If the big gates are locked I will open the small door within the gate.. If you get lost or are running late, please let me know (07742-865011 - Jacquie)

Refreshments: Tea and Filtered Water is available here... (Chai, Rooibos, Builders & Herbal selection - Oatly Milk).

We will be offering a warm vegan lunch which you are more than welcome to share, if you have any allergies please let us know.

Other Stuff:

We want you to feel really at home here, so

- Please bring some slippers or thick socks as our space is a shoe free zone
- Bring, Warm, Casual comfortable clothing
- We have decided to say no to drinks and food in our sacred training room
- Our training room contains our personal instruments, we ask that you only play these when we share them with you throughout the day.
- We have cups here but please feel free to bring your favourite cup if you prefer

Please let us know the following prior to your arrival:

- **If there is a particular objective you want to achieve during the day, please let us know and we will try and build it in.**

Payment: Payment balance can be made by cash (at the event) or bank transfer (prior to the event). I will forward you a balance invoice. Please ignore this is you have paid in full.

We aim to finish around 4:30pm.. If you have any questions or need further information, please do get in touch.

Safe Travels and we look forward to seeing you...

Jacquie & Craig xx

Ctd....

Owain Glyndwr Centre, Machynlleth



Location Map - Machynlleth

